

A LETTER BEFORE YOU BEGIN

Love doesn't end. It changes form.



Dear friend,

If you are holding this guide, you are probably missing someone. Perhaps you have felt them close and wondered whether it was real. Perhaps you are still waiting for a sign.

I'm Mimi, an evidential medium. A few years ago I had a near-death experience. For a short while I was on the other side, and I came back knowing something I had only believed before: our loved ones don't disappear. They change form, and they continue to love us and reach out to us.

In my readings I see it again and again. Spirit communicates through the small, quiet things of everyday life: a scent, a song, a feather, a dream. In this guide I share the seven signs that clients tell me about most often, and how you can recognise them for yourself.

Read it slowly. Some signs may feel familiar straight away. Others may become clear only later.

With love,

Mimi

1

Feeling their presence

A sudden warmth beside you, a gentle pressure on your shoulder, or the clear sense that someone has walked into the room. These moments often come when you are quiet, or when you need them most. You may not be able to explain it, but you know who it is.

TRY THIS

Pause when it happens. Close your eyes, breathe, and simply say hello.



2

They visit you in dreams

Dream visits feel different from ordinary dreams. They are vivid and calm, and you remember them clearly when you wake. Often your loved one looks well, peaceful and younger, and you wake with a feeling of comfort rather than confusion.

TRY THIS

Keep a notebook by your bed and write the dream down before the day begins.



3

A familiar scent with no source

Their perfume, the smell of their cooking, a hint of tobacco or a favourite flower, appearing out of nowhere and fading just as quickly. Scent is one of the most personal ways spirit lets us know they are near.

TRY THIS

Notice the timing. Scents often arrive on meaningful days or in meaningful moments.

4

Songs that arrive at the right moment

You think of them, and their song begins to play in a shop, on the radio or in a playlist. Or a lyric speaks so directly to your situation that it feels like a message. Spirit often uses music, because music speaks straight to the heart.

TRY THIS

When it happens, stop and listen to the words. Ask yourself what they would want you to hear.



5

Feathers, coins and little gifts

A white feather on your doorstep, a coin in an unexpected place, a small object that reminds you of them appearing just when you needed reassurance. These quiet gifts are among the most common signs people share with me.

TRY THIS

Keep the ones that touch you. Many people make a small box of their signs.

6

Birds, butterflies and nature

A robin that comes unusually close, a butterfly that lingers beside you, a bird that appears at the same window again and again. Nature is a gentle messenger, and many loved ones choose an animal or flower that meant something to them.

TRY THIS

Notice which creature keeps returning. It may be the one they have chosen for you.



7

Lights, phones and little glitches

A lamp that flickers when you speak about them, a radio that switches on, their name appearing on your phone, a clock that stops at a meaningful time. Spirit is energy, and energy can touch the things around us.

TRY THIS

Not every flicker is a sign. Trust the timing and the feeling it brings you.

A SMALL PRACTICE

Inviting their signs



1. Find a quiet moment.
Sit somewhere comfortable, with your arms and legs uncrossed.
Take a few slow, deep breaths.
2. Bring them to mind.
Picture their face, their smile, the way they laughed. Let yourself feel the love you share.
3. Ask, gently.
Speak to them, out loud or in your heart. You might say: "If you are near me, please show me a sign I will recognise."
4. Let it go.
Thank them and carry on with your day. Signs rarely come when we search hard for them. They come when we are open and relaxed.
5. Notice and write it down.
Over the next days and weeks, keep a note of anything that touches you. Patterns often become clear only later.

A gentle reminder

Signs are personal, and they don't follow rules. If you haven't noticed any yet, it doesn't mean your loved one isn't with you. Love doesn't need proof to be real. Trust what feels meaningful to you.



WHEN YOU ARE READY.

Would you like to hear from them?

In an evidential reading, I first bring through details you can recognise: their character, memories from their life, the relationship you shared. Then I share the message they want you to hear.

If this is your first time, start with First Light, a gentle 20-minute reading for €30. If you continue with a Deep Dive reading within 7 days, your €30 is credited.

BOOK YOUR READING

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Readings offer spiritual comfort and guidance, and don't replace medical or psychological care.